



# *Sisters of St. Francis of Perpetual Adoration*

VOCATION OFFICE  
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## *Discernment Retreat Information Sheet*

*\*All retreat times are according to Eastern Standard Time Zone\**

### *Please bring the following items:*

- † Bible, notebook, journal, rosary, spiritual reading, or other items for personal prayer.
- † Skirts or dresses that go past the knee or pants. Jeans are OK, no leggings, etc. No shorts please.
- † Shirts with sleeves and a modest fit. No low cut tops or form-fitting clothes please.
- † Toiletries: soap, shampoo, toothbrush, deodorant, etc.
- † Towels, bed linens & meals are provided.
- † There is no charge for the retreat.

### *While you are with us you will have the opportunity for:*

- † Holy Mass
- † Benediction of the Blessed Sacrament
- † Reconciliation
- † Liturgy of the Hours
- † Marian Devotions
- † Eucharistic Adoration
- † Stations of the Cross
- † Private Prayer Time
- † Time to speak 1-1 with a Sister
- † Spiritual Conferences
- † Recreation with the Sisters

### *When you arrive:*

- † Upon entering our grounds, follow signs for St. Francis Convent.
- † Drive up the hill on the right.
- † Take the first left (across from the Grotto) and park in the spaces available by St. Clare Convent.
- † Come to the main entrance of St. Francis Convent. There is a set of stairs behind the brick wall, or you can walk around the small hill.
- † If no one is at the door please ring the doorbell. The Sisters should be awaiting your arrival.